

This is to certify that

Ben Warnock

has been awarded the

Active IQ Level 2 Certificate in Fitness Instruction (QCF) (Gym)

Qualification Number: 500/8756/3

In successfully achieving this qualification the learner has been awarded the following unit(s) and credit(s)

Anatomy and physiology for exercise (H/600/9013) 6 Credits at Level 2
Know how to support clients who take part in exercise and physical activity (M/600/9015) 2 Credits at Level 2
Principles of exercise, fitness and health (A/600/9017) 4 Credits at Level 2
Health, safety and welfare in a fitness environment (T/600/9016) 2 Credits at Level 2
Planning gym-based exercise (F/600/9018) 4 Credits at Level 2
Instructing gym-based exercise (A/600/9020) 6 Credits at Level 2

24 Credits at Level 2

Learner No: 135931 Date Issued: 1/12/2014 Certificate No: 457150

This is to certify that

Ben Warnock

has been awarded the

Active IQ Level 3 Certificate in Personal Training (QCF)

Qualification Number: 500/8820/8

In successfully achieving this qualification the learner has been awarded the following unit(s) and credit(s)

Know how to support clients who take part in exercise and physical activity (M/600/9015) 2 Credits at Level 2

Health, safety and welfare in a fitness environment (T/600/9016) 2 Credits at Level 2

Principles of exercise, fitness and health (A/600/9017) 4 Credits at Level 2

Anatomy and physiology for exercise and health (A/600/9051) 6 Credits at Level 3

Applying the principles of nutrition to a physical activity programme (L/600/9054) 6 Credits at Level 3

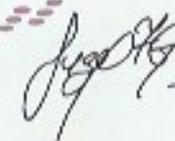
Programming personal training with clients (F/600/9052) 7 Credits at Level 3

Delivering personal training sessions (J/600/9053) 9 Credits at Level 3

8 Credits at Level 2

28 Credits at Level 3

Learner No: 135931 Date Issued: 29/01/2015 Certificate No: 474265



Suzy Gunn
Operations Director
Active IQ